To indicate the different types of bridges railML3 uses the element <underCrossing> and
<overCrossing>. Both with constructionType="bridge".
<underCrossing> bridges beeing railway bridges (something crosses under the track). Example:
https://en.wikipedia.org/wiki/Eglisau_railway_bridge#/media/
File:Eisenbahnbruecke_Eglisau_01_09.jpg
<overCrossing> bridges beeing pedestrian or road bridges (something crosses over the track).
Example:
 https://en.wikipedia.org/wiki/Footbridge#/media/File:Tilak_N agar_Station,_Mumbai.jpg

In railML2 we only have the element <brigde> PS. don't mind the spelling ;-)
The norwegian railway sector suggests to indicate the type of bridge to use the railML3 inspired
functional approach and use the values:
brigde@kind="under" for a railway bridge
brigde@kind="over" for a pedestrian overpass or road bridge.

The attribute @kind is of type string.